



2018 Winter Schedule



MARY REILLY
Certified Iyengar
Yoga Instructor



North Woods YOGA

PETOSKEY | North Woods Yoga Studio

316¹/₂ E. Mitchell 3rd floor | 231-526-5041
January 8 – April 27 | 16 weeks | Start anytime

Start now and use your classes before April 27 anywhere on the schedule at your level. All poses taught.

Monday	5:30-7pm	Level 1-2
Tuesday	9-10:30am	Level 1-3
Tuesday	10:45-11:45am	Level 1-2
Tuesday	5:30-7pm	Level 2-4 <small>(permission of instructor)</small>
Thursday	9-10:30am	Level 2-3
Thursday	10:45am-12:15pm	Level 1-3
Thursday	5:30-7pm*	Special topics

*Not every week. See topics and other happenings online at northwoodsyooga.com

RATES 90 min. 20/\$230 | 16/\$190 | 12/\$155 | 8/\$108 | 4/\$60 | 1/\$18
60 min. 16/\$175 | 12/\$144 | 8/\$104 | 4/\$56 | 1/\$15
Special Topics 5/\$85 | 1/\$20

HARBOR SPRINGS | Blackbird Elementary Gym

Classes run Jan 10 – March 14, 10 weeks

Wednesday 4:15-5:15pm Gentle Yoga

Wednesday 5:30-7pm Level 1-3

RATES 90 min. 10/\$150 | 1/\$18 60 min. 10/\$130 | 1/\$15

