



2018 Spring/ Summer Schedule



North Woods YOGA

PETOSKEY | North Woods Yoga Studio
316¹/₂ E. Mitchell 3rd floor | 231-526-5041
Now through August 22 | 16 weeks | Start anytime

Start now and use your classes before August 22 anywhere on the schedule at your level. All poses taught.

Monday	5:30-7pm	Level 1-3
Tuesday	9-10:30am	Level 1-3
Tuesday	10:45-11:45am	Level 1-2
Tuesday	5:30-7pm	Level 2-4
Thursday	8-8:45am	Early Bird Beginners <small>(STARTS 5-24. CHECK WEBSITE OR CALL TO CONFIRM)</small>
Thursday	9-10:30pm	Level 2-4
Thursday	10:45am-12:15pm	Level 1-3
Thursday	5:30-7pm	<i>Special Topics</i>
Friday	9-10:30am	<i>Special Topics</i> <small>(SPECIAL TOPICS NOT EVERY WEEK. CHECK WEBSITE OR CALL TO CONFIRM)</small>

STUDIO RATES 90 min. 20/\$235 | 16/\$195 | 12/\$155 | 8/\$115 | 4/\$64 | 1/\$18
60 min. 16/\$180 | 12/\$144 | 8/\$108 | 4/\$60 | 1/\$15
Special Topics 5/\$85 | 1/\$20

HARBOR SPRINGS | Blackbird Elementary Gym
Classes run June 13 - August 22, (no class July 4) 10 weeks
Wednesday 8:30-9:45am General Yoga, Level 1-3
Wednesday 10-11am Gentle Yoga
RATES 75 min. 10/\$145 | 1/\$18 60 min. 10/\$130 | 1/\$15

