



**Mary, Leslie, & Bob combine their expertise in Iyengar yoga, Vedic chant, Sanskrit, and yoga philosophy.** Offering in-person retreats & online workshops, their collective gifts offer a unique opportunity to integrate yoga's philosophical & aural traditions with āsana practice.

- Popular collaborations include *Exploring OM*; *Churning of the Cosmic Ocean*; and an 18-chapter immersion in the *Bhagavad Gītā*.
- For inquiries or self-study recordings, email [maryreilly36@gmail.com](mailto:maryreilly36@gmail.com).

## Mary Reilly

Mary has been devoted to yoga and the Iyengar tradition for over four decades. She studied regularly for two decades at the Ramamani Iyengar Memorial Institute in Pune, India, and now continues her studies there remotely. Teaching since 1982, Mary was certified personally by B.K.S. Iyengar at the Intermediate Senior II level (now called Level 3). She directs [North Woods Yoga](#), the B.K.S. Iyengar Center of Northern Michigan in Petoskey. [Click here](#) for further details.

## Bob Gilbo

Bob studies Hindu philosophy with Ravi Ravindra, Satya Nārāyana Dās of the Jiva Institute in Vrindavan, and Edwin Bryant at Rutgers University. He edited Dr. Bryant's landmark translation and commentary on [The Yoga Sūtra of Patañjali](#) and creates curricula for philosophy portions of yoga teacher training programs. Studying Sanskrit since 2004, Bob regularly visits sacred sites and acharyas in India. He is working on a book about how philosophy is embedded in India's classical and folk art traditions.

## Leslie Dillingham Freyberg

Leslie is a Certified Iyengar Yoga teacher. She began her Sanskrit studies with Vyaas Houston and teaches in the tradition of the American Sanskrit Institute. She also studied with Dr. Edwin Bryant and Dr. Ram Karan Sharma, and currently enjoys weekly sessions with Dr. Deven M. Patel. With Sonia Nelson and Deborah Kuryan, she trained in the Vedic chant lineage of Krishnamacharya and T.K.V. Desikachar. Leslie continues her studies of Vedic chant with Shantala Sriramaiah, founder of Veda Studies.

“Mary, Leslie, and Bob bring a wealth of knowledge & experience, together with a unique synergy that is effortless, graceful, and full of compassion. Their care and understanding for the many facets of yogic study is a gift for any student lucky enough to be in their presence.”

– Rebecca Weisman, Level III CIYT, author of [Yoga for Pelvic Floor and Postpartum Health](#)

